

MENÚ DE VIAJES DE FAMILIARIZACIÓN



*FAM TRIP MENU*



## The path of wellbeing

SE Spa defines a style and a way of life; a very personal interpretation of luxury and wellbeing where water, lighting, aromas and flavors converge, creating a sensorial experience where unforgettable memories are born.

Our tea pairings offer a perfect synergy of subtle flavors and aromas that complement each pathway, evoking connection, harmony and a sensation of wellness within our inner selves.



### **ÚUMBAL SHAWL MASSAGE**

**80 min**

Performed from head to toe, this treatment aligns the body posture and cleanses the energy channels. It is a creative choreography utilizing limes to create pressure, and shawls for stretching; techniques with roots in Pre-Hispanic methods. Special garments will be provided.

### **COMFORT SKIN FACIAL (100% green)**

**50 min**

A powerful facial that combines repairing ingredients that work to visibly improve skin congestion and redness, with highly effective phyto-therapeutic extracts that soften and reinforce the skin against inflammation. This luxury facial restores levels of young collagen and protects the skin from external aggressors, as well as reestablishing the natural beauty of your skin. Excellent for all skin types.

### **HINDU FOOT AND SCALP MASSAGE**

**50 min**

A treatment focused on the Marma points of traditional foot reflexology, which stimulate internal organs and reflexive points of the head, neck, shoulders, face and feet. This reflexology massage is applied with hot stones, leaving a sensation of rest and internal wellbeing. Scalp mask is included.

### **THERAPEUTIC VELAS MAYA MASSAGE**

**50 min**

A treatment that integrates various massage techniques, ranging from relaxing to toning. The massage is tailored to the needs of the guest, to provide the exacted treatment desired, incorporating different types of manipulations. This technique aids in relief from pain and stress.

### **ORGANIC KAAB HONEY EXPERIENCE**

**80 min**

Indulge in a face and body massage experience with organic Xtabentún honey, continuing with a regional Mayan Chaká tree bath elixir to heal your energy. Seal your experience with a vanilla balm that will de-stress and relax you. Bees were considered by the Mayans to be the connection with the spiritual world. Honey carries the vital energy of nature, infused by the energy of the sun; taken from the nectar of the Xtabentún flower.

---

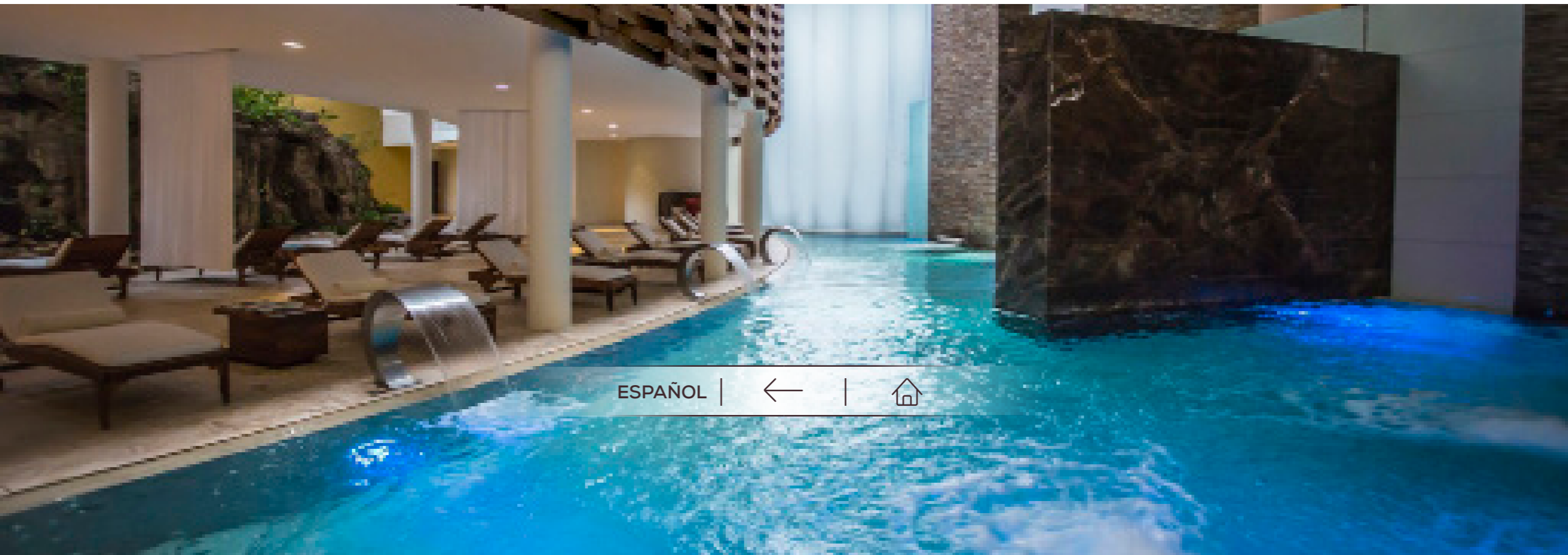
ESPAÑOL |





## All experiences include our 60-minute SE Spa Water Ceremony

An adventure based on the water rituals of the ancient Romans and Greeks, who alternated temperatures to achieve healing and relaxation through the hydration process. Prepare your body and relax your mind with this ritual that will help activate your metabolism, leaving you ready to receive all of the benefits of your selected treatments.





 **VELAS RESORTS**  
M É X I C O

GRAND VELAS · CASA VELAS · VELAS VALLARTA

[velasresorts.com](http://velasresorts.com)